



What activities do you do in the community?

Name: _____

What is this form about?

This form can help to think about the type of things you might do or like to try in the community.

How to use it:

Tick what you do now. Tick what you might like to do or would like to do more of.

When you've finished the form:

Share this with family or staff. This will help people know what you want to do.

You can take this form to your NDIS planning meeting.



School

Doing now
Want to try



Work

Doing now
Want to try



Spiritual

Doing now
Want to try



Volunteering

Doing now
Want to try



Movies

Doing now
Want to try



Gym

Doing now
Want to try



Library

Doing now
Want to try



Study

Doing now
Want to try



Sport

Doing now
Want to try



Art

Doing now
Want to try



Music

Doing now
Want to try



Cafes

Doing now
Want to try



Swimming

Doing now
Want to try



Night life

Doing now
Want to try

Other activities

Doing now Want to try

