

# RESOURCES

for children, adolescents and young adults with a parent who has younger onset dementia



**Recommended resources for children, adolescents and young adults impacted by a parent with younger onset dementia (as of January 2022)**

- References for the resources are included on page 3
- The resources recommended here are subject to changes with future reviews of resources

## Resources for Younger Onset Dementia

AGE – 0 TO 7 YEARS	Resource Title	Resource Source
<b>For parents, carers, and professionals</b>	Helping children and adolescents when a parent has younger onset dementia: A guide for parents, caregivers and professionals	<b>Brightwater website download</b>
	School advocacy guide	<b>Brightwater website download</b>
	What about the kids? [Relating to Frontotemporal dementia]	<b>Website download</b>
	Dementia in my family	<b>Website</b>
<b>Core resources for children</b>	My book about brains, change and dementia: What is dementia and what does it do?	<b>Available from bookstores</b>
	Dementia in my family	<b>Website</b>
	The brain (for 5–8-year-olds)	<b>Interactive website</b>
	Find out about feelings	<b>Available from bookstores</b>
<b>Additional resources for children</b>	Audrey’s Dad [Relating to bereavement]	<b>Available from author</b>
	The invisible string [Relating to anxiety and bereavement]	<b>Available from bookstores</b>
	The invisible string workbook [Relating to anxiety and bereavement]	<b>Available from bookstores</b>
	Wilfred Gordon McDonald Partridge	<b>Available from bookstores</b>

## Resources for Younger Onset Dementia

AGE – 8 TO 13 YEARS	Resource Title	Resource Source
<b>For parents, carers, and professionals</b>	Helping children and adolescents when a parent has a younger onset dementia: A guide for parents, caregivers and professionals	<b>Brightwater website download</b>
	School advocacy guide	<b>Brightwater website download</b>
	What about the kids? [Relating to Frontotemporal dementia]	<b>Website download</b>
	Dementia in the house	<b>Website</b>
	Dementia in my family	<b>Website</b>
	Kids4Dementia education model	<b>Website</b>
<b>Core resources for children</b>	Jordan’s Mum	<b>Brightwater publication</b>
	Inside the brain: A tour of how the mind works	<b>Interactive website</b>
	AFTD kids and teens [Relating to Frontotemporal dementia]	<b>Website</b>
	My first book about the brain	<b>Available from bookstores</b>
	Activity book – Frank and Tess detectives [Relating to Frontotemporal dementia]	<b>Website download</b>
<b>Additional resources for children</b>	Hey warrior! A book for kids about anxiety [Relating to anxiety]	<b>Available from bookstores</b>
	This is my family	<b>Available from Byron Respite</b>
	One photo	<b>Available from bookstores</b>
	Before you forget	<b>Available from bookstores</b>

## Resources for Younger Onset Dementia

AGE – 14 TO 23 YEARS	Resource Title	Resource Source
<b>For parents, carers, and professionals</b>	Helping children and adolescents when a parent has younger onset dementia: A guide for parents, caregivers and professionals	<b>Brightwater website download</b>
	Dementia in the house	<b>Website</b>
	School advocacy guide	<b>Brightwater website download</b>
<b>For young people</b>	Journey through the brain: A colouring book	<b>Website download</b>
	Inside the brain: A tour of how the mind works	<b>Interactive website</b>
	Dementia in my family	<b>Website</b>
	Before you forget	<b>Available from bookstores</b>

## References

Resource Title	Resource Reference
<i>AFTD Kids and Teens: Explore. Learn. Connect.</i>	The Association for Frontotemporal Degeneration. (n.d.). <i>AFTD Kids and Teens: Explore. Learn. Connect.</i> <a href="http://www.aftdkidsandteens.org/">http://www.aftdkidsandteens.org/</a>
<i>Audrey's Dad</i>	Muthukumaraswamy, J. (2019). <i>Audrey's Dad</i> . Picton Press.
<i>Before you forget</i>	Lawrinson, J. (2017). <i>Before you forget</i> . Penguin Random House.
<i>Dementia in my family</i>	Dementia Australia. (2016). <i>Dementia in my family.</i> <a href="https://dementiainmyfamily.org.au/">https://dementiainmyfamily.org.au/</a>
<i>Dementia in the house</i>	Nichols, K., & Chow, T. (2018). <i>Dementia in the house: A Canadian website with the purpose of navigating a loved one's dementia with solutions and support from experts and friends.</i> <a href="http://dementiainthehouse.com/">http://dementiainthehouse.com/</a>
<i>Find out about feelings</i>	Pat-a-cake. (2019). <i>Find out about feelings</i> . Hachette Children's Books.
<i>Frank and Tess – detectives! A children's activity book about frontotemporal degeneration (FTD)</i>	Chow, T., & Elliot, G. (2012). <i>Frank and Tess – detectives! A children's activity book about frontotemporal degeneration (FTD)</i> . Dementiability. <a href="http://research.baycrest.org/files/Frank-and-Tess-Detectives-.pdf">http://research.baycrest.org/files/Frank-and-Tess-Detectives-.pdf</a>
<i>Helping children and adolescents when a parent has younger onset dementia</i>	Bett, R., & Ohan, J. (2022). <i>Helping children and adolescents when a parent has younger onset dementia: A guide for parents, caregivers and professionals</i> . Brightwater Care Group.
<i>Hey, warrior! A book for kids about anxiety.</i>	Young, K. (2017). <i>Hey, warrior! A book for kids about anxiety</i> . Hey Sigmund.
<i>I know you won't forget</i>	Truly Blessed Ink. (2007). <i>I know you won't forget</i> . Square Circle Press LLC.
<i>Inside the brain: a tour of how the mind works</i>	Alzheimer's Association (2022). <i>Inside the Brain: a tour of how the mind works.</i> <a href="https://www.alz.org/alzheimers-dementia/what-is-alzheimers/brain_tour">https://www.alz.org/alzheimers-dementia/what-is-alzheimers/brain_tour</a>
<i>Interactive brain</i>	Brainline. (2021). <i>Interactive Brain.</i> <a href="https://www.brainline.org/tbi-basics/interactive-brain">https://www.brainline.org/tbi-basics/interactive-brain</a>
<i>Jordan's Mum</i>	Ohan, J., & Bett, R. (2021). <i>Jordan's Mum</i> . Brightwater Care Group.
<i>Journey through the brain: A colouring book</i>	Cotter, D., Lopez, L., Kelleher, E., Coughlan, H., & Cannon, M. (2016). <i>Journey through the brain: A colouring book</i> . Royal College of Surgeons Ireland. <a href="http://repository.rcsi.com/articles/book/Journey_through_the_Brain/">http://repository.rcsi.com/articles/book/Journey_through_the_Brain/</a>
<i>My book about brains, change and dementia: what is dementia and what does it do?</i>	Moore, L. (2018). <i>My book about brains, change and dementia: What is dementia and what does it do?</i> Jessica Kingsley Publishers.
<i>My first book about the brain</i>	Silver, D. M., & Wayne, P. J. (2013). <i>My first book about the brain</i> . Dover Publications Inc.
<i>One photo</i>	Watkins, R. (2016). <i>One photo</i> . Penguin Random House.
<i>School advocacy guide</i>	Ohan, J. (2022). <i>School advocacy guide</i> . Brightwater Care Group
<i>The brain (for 5–8-year-olds)</i>	Dementia Australia. (2016). <i>The brain (for 5–8-year-olds).</i> <a href="https://dementiainmyfamily.org.au/age-5-8/the-brain/">https://dementiainmyfamily.org.au/age-5-8/the-brain/</a>
<i>The invisible string</i>	Karst, P. (2000). <i>The invisible string</i> . Hachette Children's Books.
<i>The invisible string workbook</i>	Karst, P. (2019). <i>The invisible string workbook: Creative activities to comfort, calm and connect</i> . Hachette Children's Books.
<i>This is my family</i>	Chambers, B., Harborow, K., & Mort, E. (2017). <i>This is my family</i> . Chambers & Harborow.
<i>What about the kids?</i>	The Association for Frontotemporal Degeneration. (2012). <i>What about the kids?.</i> <a href="https://www.theaftd.org/wp-content/uploads/2018/01/What-About-the-Kids-web-version.pdf">https://www.theaftd.org/wp-content/uploads/2018/01/What-About-the-Kids-web-version.pdf</a>
<i>Wilfred Gordon McDonald Partridge</i>	Fox, M. (1984). <i>Wilfred Gordon McDonald Partridge</i> . Omnibus Books.